Agenda: CIBHS Virtual Trauma-Focused Cognitive Behavioral Therapy Training, Part 2

AGENDA

Trainers:
Cindy Rollo, LCSW-C
Alison Hendricks, LCSW

Date: November 3, 2020

Time: 9:00am-12:30pm

- 9:00-9:40 Psychoeducation
- 9:40-10:15 Parenting Skills
- 10:15-10:45 Relaxation
- 10:45-11:00 Break
- 11:00-11:45 Affective Expression and Modulation
- 11:45-12:25 Cognitive Coping and Processing
- 12:25-12:30 Questions